

Make This Your Year!

2018 Planning Checklist

Have you...	YES	NO
Completed your 2017 year-end review?		
Identified which goals will carry forward to 2018?		
Celebrated your successes from 2018?		
Updated your Past Choices worksheet with any significant choices from 2017?		
Finalized your 2017 personal log or journal?		
Updated your Personal Summary with any new skills, strengths, assets? How about any gaps or barriers that have come up this year?		
Revisited your Vision Statement to ensure it still perfectly captures your ideal future?		
Reviewed your Elements and redefined or reprioritized, if needed?		
Started writing your new goals for each Element for 2018?		
Identified any high-priority super-goals that will need to be taken on as a project in 2018?		
Cleaned completed goals and choices out of your Master Plan and updated it with fresh 2018 goals?		
Started to pencil in target dates for getting stuff done throughout 2018?		
Committed to setting aside time for yourself to plan out an awesome 2018 and beyond?		



Nine Assignments Carry You Step-by-Step Guide Through the Planning Process

The book *Ten Thousand Choices* provides everything you need to complete the planning process from beginning to end.

- Detailed instructions for each tool with supporting examples
- Completed sample plans to get you started
- Useful advice and suggestions for making it work for your personal situation

Introduction	Part One: <i>Look Back</i>	Part Two: <i>Look Around</i>	Part Three: <i>Look Forward</i>	Conclusion
	Where Have I Been?	Where Am I Now?	Where Am I Going?	
How we make choices	Assignment 1: Personal Style	Assignment 3: Personal Summary	Assignment 6: Guiding Vision	Assignment 9: Accountability
	Assignment 2: Past Choices	Assignment 4: Life Choice Elements	Assignment 7: Goals and Choices	
		Assignment 5: Priorities	Assignment 8: Master Plan	



How to Get Started

**Register now to get updates on the book
release and discounted pre-ordering!**
www.TenThousandChoices.com

- Buy my book – it will be around the price of two grande lattes and will benefit you far more than all that lactose and sugar
- Set aside *you-time* and complete the planning process – you deserve this. Make 2018 your year!
- Do the work. This is where the rubber meets the road. This process isn't difficult, but it does take time and concentrated thought on your part. Your life, your future, and your success deserve your undivided attention and best effort.
- Consider coaching support if you want an extra boost (it can cut your planning time in half and feels so good to have someone else listen and give support)

